Feeding your hunger for information about your health...

## HealthTip

POTLIGHT

## Do you Run Hot or Cold?

Systemic affects of nerve involvement at the 4th bone under the skull are improper function involving the thyroid, heart, hearing, temperature regulation, energy level and mental state. Chiropractic isn't simply a this for that approach to health. Everything is inter-related and our expertise is in determining the causes of BOTH health problems and health itself.

## It's Better To Grow Healthy Kids Than...

Have you noticed? There are times when the office seems like a pediatricians office. This is because we see a lot of kids and you may wonder...do all those poor children have back problems? Of course not! They are coming to the office to grow their health as normally and naturally as possible rather than wait for health problems to develop.

of the Week...

With adults, we often find evidence of chronic health problems that are nerve system related and so our initial objective is to see if we could work together to turn the direction of their health around. With kids, we usually don't have to turn the direction of their health around...we just need to make sure that it keeps going in the right direction. are here to grow up as healthy as they possibly can. Minimally, their parents don't want them to grow up with the kind of health problems that they, or for that matter, their parents, had.

And, so while we have a fabulous success record in helping adults overcome their health problems through natural chiropractic care, we see children to help them grow up healthy!

What about you and your family? Are you waiting for your spouse and children to develop a problem before consulting us?

Doesn't it make much more sense to work to grow their health rather than simply try and "fix" them after they have broken down? Of course!

So, all the children you often see in the office

And, what better gift can you give one another than your own vibrant good health?

## The Bottom Line...The Bottom Line...The Bottom Line...

So now you understand why we say, **"It's better to grow healthy kids than repair damaged adults."** Let us help you grow your kids as healthy as they can be. Make an appointment today to have their nervous systems checked so that they can be healthier for the rest of their lives! Just think about what the greatest single asset is that any of us possess for our loved ones and the ones we serve...what could be more important than health and well being?

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