

of the Week...

Do You Feel Bloating?

There are 12 Thoracic Vertebrae and the 4th from the top is referred to as 4T. Common signs of a 4T subluxation include tenderness to the touch in this area and tenderness under the ribs (right side) near the gall bladder. Other functional symptoms include the possibility of bloating after meals, nausea, headaches and intolerance to fatty foods.

To Vaccinate or Not To Vaccinate: Part 1 of 2

While we are firmly convinced that this is and ought to be a “freedom of choice” issue, it is difficult to make an informed decision without information.

According to an ongoing survey sponsored by the *Journal of Natural Food and Health*, and first published in 2011, vaccinated children have **TWICE** the diseases and disorders found in un-vaccinated children.

Here's some of their actual data:

1. Asthma
 - a. Vaccinated 15%
 - b. Unvaccinated 3%
2. Skin conditions like eczema
 - a. Vaccinated 32%
 - b. Unvaccinated 13%

3. Chronic ear infections
 - a. Vaccinated 20%
 - b. Unvaccinated 7%
4. Shortness of breath and SIDS (Sudden Infant Death Syndrome)
 - a. Vaccinated 7%
 - b. Unvaccinated 2%
5. Hyperactivity
 - a. Vaccinated 8%
 - b. Unvaccinated 1%

In every single disease category that was surveyed, unvaccinated children fared far better than vaccinated children in terms of both disease prevalence and severity. In other words, **the evidence suggests that vaccines are neither effective nor safe.**

The Bottom Line...The Bottom Line...The Bottom Line...

According to Louis Rain, writing for the Health Freedom Alliance back in 2011, “No study of health outcomes of vaccinated people versus unvaccinated has ever been conducted in the U.S. by the Centers for Disease Control or any other agency in the 50 plus years of an accelerating schedule of vaccinations (now over 50 doses of 14 vaccines given before kindergarten, 26 doses in the first year).” Stay Tuned...next week: Autism RARE amongst the unvaccinated...

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